



## Kimberly Benoit

### Executive Coach

Kimberly is a Leadership & Mindset Coach, Master Facilitator, Project Management Professional, and Strategist based in New Orleans, L.A. She is an accomplished strategic and operational leader with extensive expertise in change and crisis management, leadership development, and organizational effectiveness. Her 20+ year career spans from small nonprofits to Fortune 50 companies, where she created and led high profile initiatives, spearheaded organizational transformations, and designed and delivered innovative inaugural professional development programs.

Her most recent role included serving as the Director of a Learning Institute and Master Faculty for a \$8B multi-state health system serving over 50,000 professionals. She was recognized for her significant contributions to the wellbeing of the organization and its leaders, all while simultaneously navigating the organization through six major natural disasters in her region with twelve months. Above and beyond her leadership role, she rolled up her sleeves and led the temporary emergency housing initiatives to ensure everyone impacted would be supported with excellence, urgency, and compassion. Her additional track record of success across retail, mental health, education, government, and criminal justice sectors provides her with a breadth of knowledge and a unique ability to effectively Coach a wide spectrum of leaders regardless of the industry.

Kimberly is known by her trusted colleagues as being, “a bright light of wisdom, joy, and authenticity,” and for instantly bringing credibility, clarity, and the right questions to any situation. She is comfortable and effective working with everyone from front-line workers to highly analytical and technical SME’s, to leaders in C-suite positions, and she cares deeply and passionately about those she serves. Her vast experience and honed skills partnering with senior executives to guide strategic growth using thoughtfully selected data to inform decision making, serve her client’s well.

Kimberly’s most recent roles at Target Corp and Ochsner Health have required executive presence, resilience, courage, relationship building, communication, and influencing skills within highly political, high profile, and high-risk environments. Through her own journey as a rapidly rising executive in complex and often regulation-laden environments, she has learned how a leader aligns within an organizational culture, restrictions, and structure, and how to navigate continual change while simultaneously honoring your wellbeing and highest self.

With core values of connection and integrity, Kimberly expertly helps leaders connect to their purpose and creates a warm, relatable, trusting, and engaging environment for her clients’ growth. She is highly skilled in identifying opportunities for development and creating targeted, customized approaches that bring about more effective, confident leaders and sustainable results. Her long-term Clients value her as a true partner and trusted confidante.

Kimberly has both a M.S. and a M.A. and is active in the Project Management Institute (PMI), the Association of Talent Development (ATD), and the International Coaching Federation (ICF). In 2020, Kimberly began enhancing her coaching and training development by focusing on the work of Mindful Leader’s Meditation-Based Stress Reduction (MBSR) program and UC-Berkeley’s Science of Happiness course.

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