



Chelese Perry  
Professional Certified Coach (PCC)

Chelese is a certified coach and leadership expert dedicated to the advancement of diverse professionals in the workplace. She is a graduate of Florida A&M University's School of Business and Industry and George Mason Universities' Center for the Advancement of Well-Being. Her education in Leadership Coaching was designed specifically by George Mason University for the advancement of well-being for experienced business professionals striving to create positive change in team and organizational culture.

Chelese has cultivated a coaching practice to help professionals overcome their challenges while amplifying their strengths and achieving their highest potential. She is also a member of International Coach Federation.

A former business executive, Chelese was employed by The Coca-Cola Company and Abbott Laboratories. For over 10 years, she worked with senior management internally and externally. Chelese was a driven executive with all-encompassing business acumen with strong analytical, problem solving, client management and interpersonal skills. Throughout her career she was recognized as a highly motivated self-starter and team player. In life and in her career, she has thrived in the face of adversity.

Through her journey she understands the power of being resilient and tenacious in the face of challenges. Her mission is to inspire people to live with authenticity, resilience, gratitude and joy, personally and professionally. She combines her corporate experience, community leadership experience and coaching expertise to help professionals take control of their success in a way that helps them overcome thoughts, beliefs and behaviors that may be limiting them from achieving their greatest potential. She has expertise in strengths-based coaching, resilience training, somatic, and behavior assessments. She is certified in Wiley's Everything DiSC Coach and Facilitator. Chelese is currently sought after by Senior Executive levels in business, law, education and government, entrepreneurs and everyday people that have set the intention to level up.

As a coach, she is committed to assisting her clients patiently, compassionately and without judgment one conversation at a time. She strikes just the right balance of support and challenge to assist her clients with clarifying their "why", amplifying their strengths and talents, overcoming obstacles and building resilience. Her clients have said, *"Chelese's insightful questions and perspectives have led to my tangible professional growth and greater personal empowerment,"* and, *"She has helped me to 'quiet the noise' which has allowed for greater self-awareness, focus, prioritization and enhanced overall well-being."*

Chelese strongly believes that self-awareness is the foundation of great leadership. Her passion is to help people change and reach their highest potential, one leader at a time. Her broad base of clients come from a wide range of organizations including: Freddie Mac, Microsoft, U.S. Department of Justice (DOJ), U.S. Office of Personnel Management (OPM), Department of Defense (DOD), Customs and Border Protection (CBP), and Fairfax County Public Schools and more.

In her free time, she enjoys traveling, reading, visiting museums, and spending time with her two teenage children and two dogs. She is also a certified Reiki Master.